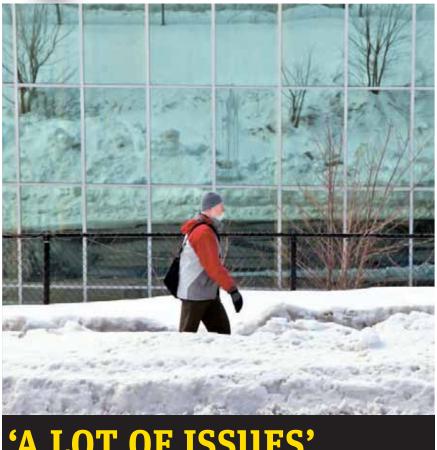




Tuesday, March 31, 2015



A pedestrian walks past a reflection in the closed Citadel High School on Monday. All but one of the Halifax Regional School Board schools will be open Tuesday, and buses and ferries will be free for another day as the city has extended a city-wide 24-hour street parking ban. Coverage, page 4. JEFF HARPER/METRO

# Cost to save the Khyber is \$4M

**Heritage.** City staff describe wide-ranging issues, groups decry lack of consultation



STEPHANIE TAYLOR

One community group in Halifax is "surprised and disappointed" after city staff released a new report on the restorations needed to save the historic Khyber building with no public input.

Friends of the Khyber spokeswoman Emily Davidson said on Monday that neither they nor the Khyber Arts Society were consulted for a building assessment that placed a \$4-million price tag on renovating the storied building, which formerly housed the Khyber Centre for the Arts before its doors were closed last January due to as-

The new report states the

building has deteriorated to a point where "a significant financial investment is required to address deferred maintenance, building code, energy, environmental and accessibility issues."

Many of the structural concerns, such as its sagging second- and third-storey floors, are attributed to a string of improper renovations made to the building over its 126-year history.

"There is not as much detail as we like," Davidson said of the report on Monday.

She explained the report requires more of a financial breakdown to list specifics, such as what exactly a \$500,000 allowance for "soft costs" means.

"That's a fair chunk of change," she said, adding more details and clarifications are needed before it is brought to council.

Coun. Waye Mason, who represents downtown Halifax, said he will ask to have the reports - listed as information items for Tuesday's

# There is not as much detail as we would like."

Friends of the Khyber spokeswoman Emily Davidson on report by city staff

council meeting - pushed to next week's agenda.

Mason said he will propose joint management agreement between the city and the Friends of the Khyber, the Khyber Arts Society as well as Neptune Theatre, to give the groups some "breathing space" to deal with the building assessment.

We don't want to see this building back on the surplus," Davidson said.

For details on a staff report on a promised arts incubator in the Khyber building, see page 5.



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### On the roads

# Motorist ticketed after pedestrian hit at crosswalk

Halifax police are investigating a vehicle-pedestrian collision in which an 18-year-old woman was hit by a car and hospitalized Monday.

The collision happened at a crosswalk at the corner of Robie Street and Coburg Road. The pedestrian suffered injuries described as non-life threatening.

The driver, a 35-year-old woman, was issued a summary offence ticket for failing to yield to a pedestrian in a crosswalk. The ticket carries a fine of \$693.95 and four points on a driver's licence upon conviction.

# Crash

# **Driver charged** after allegedly fleeing police

Police have charged a 22-year-old man after a reckless driving incident in the Halifax area.

Just before 9 p.m. Sunday, police say they tried to pull over a vehicle at North West Arm Drive and Cowie Hill. According to police, the driver continued driving in a reckless manner through the residential neighbourhood.

Officers ended their pursuit at Tamarack Drive and Osborne Street, but found the vehicle shortly afterwards when it crashed head-on into another vehicle on Mayo Street.

A 22-year-old man is now facing charges of



The Canadian Centre for Ethics in Public Affairs and the Dalhousie Health Law Institute presented a panel on ethical issues around vaccination Monday evening. Panel guests were, from right, Dr. Robert Strang, Nova Scotia's Chief Public Health Officer; Janet Hazelton, president, Nova Scotia Nurses' Union; Dr. Scott Halperin, director, Canadian Center for Vaccinology; and Elaine Gibson, associate law professor with the Dalhousie Health Law Institute. EENESTO CARRANZA/FOR METRO

# 'More to health security' than a flu shot: Official

Wellness. Nurses' union president says health security is about more than just immunization

# CARRANZA

When the 7,000 members of the Nova Scotia Nurses' Union were asked how they felt about mandatory vaccinations forming part of contract negotiations, 70 per cent were opposed to having their choice taken away, union president Janet Hazelton said on Monday.

gathered to discuss the ethical issues around vaccines, made it clear that she and the union members were not disputing the science or the importance of public vaccinations when it came to protecting public health.

The panel, held at the Halifax Central Library, was a joint effort between the Canadian Centre for Ethics in Public Affairs and Dalhousie University's Health Law Institute to engage the public in a conversation about health security, health policy and civil lib-

The audience was invited to submit questions on various topics surrounding vaccines, and Hazelton received several about the union's policies on flu vaccinations and whether or

The current percentage of health care workers in Nova Scotia hospitals that get

not those policies were in the best interest of the pub-

"Immunization is important and there is no disputing that, but there are a list of other problems that need to be addressed along with immunization," Hazelton responded, citing understaffing levels and subsequent staff burnout.

"There is a lot more to health security than immunization and having your flu shot. There is over-

crowding in our emergency departments and these institutions are required to ensure you are cared for safely," she said.

Hazelton insisted that it was up to the new generation to decide whether they wanted to improve hospitals and health-care facilities that they might some day occupy.

'Immunization is a drop in the bucket and it is up to young people to choose whether or not anything changes," Hazelton said.

The panel included Dr. Scott Halperin, director of the Canadian Centre for Vaccinology; Nova Scotia's chief public health officer Dr. Robert Strang; Hazelton and associate law professor for Health Law Institute Elaine Gibson.



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metr⊕ **HALIFAX** 

# Class cancellation a case of right decision, wrong time, parents say

Weather. Annoyance expressed over Halifax school board's Sunday night announcement, four days after storm

# **CARRANZA**

The latest decision to cancel Halifax public schools raised the ire of some parents who said that while the measure may be necessary, it was made

The Halifax Regional School Board announced at 9:30 p.m. Sunday that all of its schools would be closed Monday, saying the extra day was needed to "improve conditions of the grounds and to further assess facilities" in the wake of a massive snowstorm over March

"We do everything in our power at the HRSB ensure there will be school on a school day, but obviously the sheer amount of snow we've received has caused a lot of issues," said board communications officer Kelly Connors, adding that safety of students and staff is the top priority.

While most people who weighed in via social media didn't question the need for the cancellation, some took issue with the decision coming late on a Sunday, four days after the storm.

"If it was this important (and I do believe it is, for the safety of everyone in the schools) why would they wait so long?" asked Cassidy Lynne on the Metro Halifax Facebook

Others praised the board

The number of schools governed by the Halifax Regional School Board.

for taking the time to properly assess the condition of its schools.

"Child education matters not when a structural failure occurs," wrote Mike Frampton. 'Get your head out of the sand and thank the ... school for the due diligence they have taken."

Connors said contractors have been working non-stop to clear school properties.

"Plow work has been on-

going since Friday and they have been working 24-7 to make sure the parking lots and pathways are clear when kids return to school," said Connors.



# Snow dumping divides neighbours in Kentville



A Kentville resident who has angered his neighbours by allowing dump trucks to drop loads of snow on his property - for free — says he was actually trying to help his com-

"The taxpayers are looking for places to put the snow, especially in the downtown. They don't have large areas where they can deposit the snow without taking up their parking spaces and they need every customer they can get to survive," said George Mutch.

Letters from concerned citizens to the town council complained about the latenight deliveries in a residential neighbourhood.

"The fully loaded trucks drive with loud engines into the backyard ... dump snow and ice, then bang their tailgates four, five, six or seven times to make sure they are empty," states one letter written by Eric Mullen and Anne

Mutch said they did limit the amount of work done at night and said he hardly noticed the sound of the trucks depositing the snow on his own property.

There was very little noise because I didn't even know they were in my yard, but of course I'm a little bit hard of hearing," he said.

Mayor Dave Corkum said there have been previous complaints about other materials being dumped on this property, adding town council has struggled to resolve the issue for the last 10 years.

Corkum said the town has been in contact with the property owner, but to no avail.

'It just appears that it goes in one ear and out the other," he said. KINGS COUNTY NEWS

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# Body of missing man found in harbour

**Yarmouth.** David Mande Saulnier was last seen on March 17 after he went for a walk on cold night

Days of searching for a missing Yarmouth man ended Monday morning when David Mande Saulnier's body was pulled from Yar-

mouth harbour.

An employee of the ice plant located on the public wharf on Water Street discovered the body on the shoreline near the wharf.

RCMP Cpl. Stacey Gosling said there were shoreline searches over the past few days, but nothing was found.

Saulnier was last seen on the evening of March 17, when he left his home for an evening walk.

There was a significant wind chill at the time and blowing snow, causing whiteouts.

Although Saulnier had many medical issues, including Parkinson's disease, shingles and prostate and throat cancer, he walked regularly.

When Saulnier didn't return after an hour or two,

his partner, Anne Foley, contacted family and the RCMP.

Family, friends, volunteer firefighters and search-andrescue teams kept up the search for almost a week afterward, asking residents to search their yards and to check any unlocked outbuildings.

Saulnier's disappearance was upsetting to many members of the community, as

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indicated by the comments on an online story about his disappearance.

"David is my favorite uncle. We spoke on the phone regularly and always ended the conversation with 'I love you,'" wrote niece Dawn Saulnier. "Not hearing his voice is killing me. I have been crying, praying and trying to stay strong."

YARMOUTH VANGUARD



# Nova Scotia. Minister says more immigrants needed

An immediate influx of immigrants to Nova Scotia is needed to infuse the province with new ideas and energy and increase the population, says Immigration Minister and Attorney General Lena Diab.

"If I had my way, Nova Scotia would have 10,000 new immigrants starting right away," Diab told a business audience during a meeting of the Truro-Colchester Chamber of Commerce Monday morning. "Businesses can help us achieve this goal, but so can average Nova Scotians."

Although 2,661 immigrants came to Nova Scotia last year, Diab said that's not enough.

The minister said she is always battling with Ottawa to permit more immigrants to Nova Scotia, and she called on the business leaders in the audience to join in the fight to make federal bureaucrats and



political leaders aware of the need for more immigrants.

In addition to being trained for good jobs, Diab said, immigrants also create good jobs for Nova Scotians who are already

Over the past five years, Nova Scotia's retention rate for immigrants was 71 per cent.

TRURO DAILY NEWS

# Jobs

# Canada Bread closing plant in Halifax

Canada Bread Co. Ltd. plans to close its bakery in Halifax later this year and move production to its other bakeries in New Brunswick.

The operation, which employs 105 people, produces bread and English muffins under the Ben's, Dempster's, Villaggio and private label brands.

Canada Bread says it will continue to produce products in Atlantic Canada under the Ben's brand.

Most production will be consolidated at Canada Bread's bakeries in Moncton and Woodstock, N.B., with 35 jobs being created in that province.

The company says affected employees will receive severance packages, as well as outplacement services.

THE CANADIAN PRESS

### Health care

# Legislation gives nurse practitioners more authority

Nurse practitioners will soon be able to discharge patients from hospitals in Nova Scotia following amendments to the province's Hospitals Act.

The changes will also allow registered nurses to assess, treat and release some patients in emergency departments and collaborative emergency centres

Only physicians, midwives and dentists can presently release patients from hospitals.

Health Minister Leo Glavine says currently, nurse practitioners and registered nurses can assess and treat patients but can't discharge them even though they are trained and licensed to do so. THE CANADIAN PRESS Ster Safety Ratings"

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# Museum puts a little bounce in its buzz with #foundbunny

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Pop culture. Stuffed animal becomes the latest Internet phenom with cute pics of it 'touring' the exhibits

### **MADISON BLANCHARD**

You could call this a fluffy story and you wouldn't be wrong. A stuffed bunny found at the Museum of Natural History in Halifax over the weekend has become an instant Twitter star.

The brown plush toy was handed into the lost and found over the weekend after March break had ended.

Museum staff began posting funny pictures of the rabbit in hopes of finding its

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spired to use the bunny in the first challenge of the week which was an inside tour of the museum.

They used the bunny to take the tour, posing it in front of a computer updating the website, sitting by a blowfish and "doing" paleontology — all the while posting photos on Twitter with the hashtag #foundbunny.

"It just went wild from there," said Jeff Gray, the museum's curator of marketing and communications.

Gray said it was a fun way to engage with the public, especially during National Museum Week, and the feedback so far has been great.

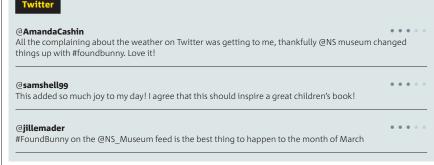
But even though the attention was good, he said there were no plans to use the bunny for the rest of the week. The museum's priority is to get the toy back to its owners.



unny, found at the Maritime Museum of Natural History, looks at one of the exhibits, Monday. Pictures posted on Twitter of the stuffed animal touring lity became a bit of an Internet sensation. A full-time job is out of the question, though. The museum is focusing on finding its owner. Jeff HARPER/METRO



starwood

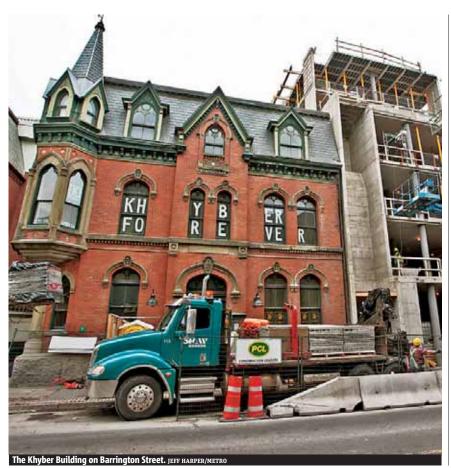


metronews.ca Tuesday, March 24, 2015



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Tuesday, March 24, 2015

HALIFAX
7



# Unconventional heroine, N.S. talent drive new film

Director Deanne Foley says she chose to take on her latest project, Relative Happiness, because she felt a bond with the heroine of the movie.

"I just really connected to the heroine, who's flawed, but lovable, and happens to be plus-sized," she said before the premiere of the movie last Friday.

Relative Happiness is a movie based on the novel of the same name by Cape Breton author Lesley Crewe.

It tells the story of a 30-year-old plus-sized woman who runs a bed and breakfast in a small Cape Breton town, and her efforts to find love.

Foley said her focus has always been on bringing unconventional women to the silver screen and giving them a presence.

Foley agreed to direct knowing, in order for the movie to be a success, her lead actress had to be engaging. She found that in Australian actress Melissa Bergland.

"When I saw the tapes, I was blown away. She was magic," Foley said.



Foley praised the entire cast for being amazing, high-lighting Nova Scotia-born Molly Dunsworth — who plays Gabby — as an example of the homegrown talent showcased in Relative Happiness.

While acknowledging she is a bit biased, she said it's just

a feel-good film for everyone.

"I'd totally go see this movie with my girlfriends, take my mom. It's a good night out." Foley said.

Relative Happiness is playing at the Park Lane Cineplex until March 27.

MADISON BLANCHARD/FOR METRO

# Report 'missing the point' on art project

**Culture.** Community, Khyber Arts Society say city findings 'misrepresent' their vision for a publicly funded space



STEPHANIE TAYLOR stephanie.taylor@metronews.ca

The vision of creating an arts incubator in downtown Halifax has been misinterpreted by city staff in a new report on the program, according to one community spokeswoman.

Emily Davidson of Friends of the Khyber — a group organized to save the historic Barrington Street building — says the report on the status of the pilot program "inappropriately frames" what the intent of the project was when it was established by regional council in 2010.

The report details how the original plan to create more space and resources for emerging visual artists was tied to the Khyber building, which

housed the Khyber Centre for the Arts.

The building was forced to close last January, due to the presence of asbestos. The report contends that because the Khyber Arts Society has continued the gallery's programming at its temporary Cornwallis Street home, the incubator pilot should not be considered location-specific.

"That's actually missing the point," Davidson said on Monday.

The gallery's continued survival despite its relocation is not a good reason, she said, to "drop the ball" on the original vision of bringing a publicly funded artist-run incubator to fruition.

In an email on Monday, Hannah Guinan, the gallery's artistic director, said she feels "misrepresented" by the report due to the lack of consultation with arts and community groups.

She also called the current Cornwallis Street location "functionally tenuous and not its ideal fit."

On Monday, the city's downtown-area councillor, Waye Mason, said the arts

### Quote

"We really want to see a publicly-funded arts space on Barrington Street."

Emily Davidson, spokesperson for Friends of the Khyber.

incubator program is bigger than the gallery itself.

"The idea is to have a downtown community-run arts centre," he said, explaining the pilot program could happen anywhere, as long as it's centrally-located and offers artists studio space run by some sort of management team.

Davidson explained although she wants to see a publicly-funded arts space on Barrington Street, the creation of an arts incubator could be considered as a broader concept.

For example, she said the entire downtown could be transformed into a vibrant arts hub through various collaborations between organizations and businesses.

"It isn't just one organization," she said.

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# This sweater brings an important message

Jeremy Dias, founder of the Canadian Centre for Gender and Sexual Diversity, wears the Gay Sweater, a garment made from the hair of hundreds of gay people. The sweater was designed to signify the idea that to insult an object by calling it "gay" is to insult real people. The donated hair was spun into yarn and knitted by two Toronto women. The sweater is making its debut at Toronto Fashion week. For more info. ao to Thegaysweater.ccgsd-ccdgs.org. LIZ BEDDALL/METRO IN TORONTO

# Report warns of threats to Canada's fresh water

**Blue Betrayal.** Ottawa accused of turning its back on water resources

Canada is taking its vast freshwater resources for granted, wrecking them in the process, says a scathing new report.

Titled Blue Betrayal, the report also warns that climate change, industrial farming, melting glaciers, oil, gas and mineral extraction, and dumping of waste — sometimes toxic waste — into our waterways are all growing threats to our diminishing water supplies.

The report, authored by

Maude Barlow, of the Council of Canadians, a non-governmental organization, accuses Ottawa of turning its back on water resources to advance the interests of the energy industry.

"On both sides of the border, we continue to see the Great Lakes as a dumping ground for our toxic waste, and, more recently, as a carbon corridor to transport tar sands bitumen, fracked gas and fracking wastewater," Barlow said on Monday, calling those the "most dangerous energy sources on Earth."

A big chunk of the report talks about the steps Ottawa has taken that have made freshwater resources more vulnerable, such as targeting scientific institutes and projects that did important work. Included in that list is the plan to dismantle the Experimental Lakes Area (ELA), the world's leading freshwater research institute.

The facility has been saved, at least temporarily, by the Ontario and Manitoba governments.

The report also accuses past Liberal and Conservative governments of allowing Canada's lakes, rivers and groundwater to deteriorate.

Environment Canada did not respond to a request for comment.

The report comes on the

heels of World Water Day, marked on Sunday.

It doesn't paint a healthy picture of the Great Lakes, a source of livelihood for more than 40 million people in Canada and the U.S. It says there are at least 204 pollutants in the Great Lakes, including plastic in various forms. Fish in the Great Lakes are loaded with contaminants such as mercury, dioxins and lead, it adds.

Mark Mattson, of Lake Ontario Waterkeeper, says Toledo's drinking water advisory last summer was a wake-up call that "we can't take the Great Lakes for granted."

TORSTAR NEWS SERVICE

# Ted Cruz enters U.S. presidential race

Sen. Ted Cruz opened the first major campaign of the 2016 U.S. presidential season Monday with a kickoff speech courting cultural conservatives and declaring that he will devote himself to "reigniting the promise of America"

One of several Republican hopefuls to rise from the tea party movement, Cruz spoke at Liberty University, the college founded by the late Rev. Jerry Falwell, hours after a wee-hours tweet announcing his White House bid.

The choice of the college founded by the late Rev. Jerry Falwell was meant as marker against potential rivals who are also counting on Christian conservatives to fuel



their candidacies.

Cruz addressed his religious faith, his father's Cuban roots and his unquestioned

conservative credentials, saying "for so many Americans the promise of America seems more and more distant."

astic crowd to "imagine a president that finally, finally, finally secures the borders."

"Imagine a simple flat tax," he said. "Imagine abolishing the IRS."

He spoke on the fifth anniversary of President Barack Obama's health-care law — legislation that prompted Cruz to stand for more than 21 hours in the Senate to denounce it in a marathon speech that delighted his tea party constituency and other foes of the law.

Cheers rose in the hall when Cruz reminded the crowd Monday that Liberty University filed a suit against the law right after its enactment. THE ASSOCIATED PRESS

# We'll still be cheering for Steve long after he steps off the court.

Steve Nash is no stranger to helping others. His dedication to making his teammates better led him to 2 MVP awards, 8 All-Star appearances and getting named to the All-NBA Team 7 times. As Program Ambassador for Bright Way Forward, Steve is helping to empower more than 500,000 Canadians; including helping 15,000 kids across Canada develop leadership skills, sportsmanship and a love for the game through Steve Nash Youth Basketball.

His contributions, both on and off the court, are why we're proud to be his partner. #ThanksNash







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Tuesday, March 24, 2015

# Female execs bring bigger profits: Study

**Leadership.** Many firms slow to make workplaces more women-friendly

Evidence is growing that it pays for a company to have equal numbers of male and female managers.

A study last year found units at multinational catering company Sodexo that had equal numbers of men and women in management roles delivered more profits more consistently than those dominated by men.

Companies are trying to increase the number of women in executive positions, yet many are struggling to do so because of a failure to adapt workplace conditions in a way that ensures qualified women do not drop off the corporate ladder, surveys show.

In a survey last year of 366 companies, consultancy McK-

### Women on boards

France, Norway, Spain and Germany have sought to mandate progress by imposing quotas for women on company boards.

 Norway had the highest percentage of women on boards — 35 per cent — among 20 countries.

insey & Co. found that those whose leadership roles were most balanced between men and women were more likely to report financial returns above their industry median.

Companies with more balanced leadership do a better job recruiting and retaining talented workers, reducing the costs associated with replacing top executives, McKinsey found. They also have stronger customer relations because management better reflects the diversity of society,

and they tend to make better business decisions because a wider array of viewpoints is considered.

While most big companies now have programs to increase gender diversity, many executives express frustration these programs aren't working. McKinsey found that 63 per cent of the employers it surveyed had at least 20 initiatives to address gender equity, but women held less than a quarter of the top jobs in 92 per cent of the companies.

A woman's prospects for promotion fall off at every step of the career ladder, according to a separate survey of 130 large companies conducted by McKinsey in 2012. While women made up 37 per cent of the total workforce, they comprised 22 per cent of middle managers, 14 per cent of senior managers and vice-presidents, nine per cent of executive committee members and two per cent of CEOs.



# Louisville Slugger sold to rival

A 36-metre-tall replica bat fronts the Louisville Slugger Museum and Factory in Louisville, Ky., Monday. The company that made the iconic bats for a who's-who of baseball greats, including Babe Ruth and Ted Williams, is selling its Louisville Slugger brand to rival Wilson Sporting Goods Co., a division of Finnish sports equipment maker Amer Sports Corp., for \$70 million US. Hillerich & Bradsby Co. has made the bats for more than 130 years. TIMOTHY D. EASLEY/THE ASSOCIATED PRESS

### Pipelines

# Groups challenge approval process

A coalition of environmental advocates in B.C. is taking the National Energy Board to Canada's highest court in a challenge of the pipeline approval process, arguing restrictive rules unfairly limit public participation in the pipeline debate. The group contends the process impedes charter rights. THE CANADIAN PRESS

### **Market Minute**



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\$47.45 US (+ 88¢)



**GOLD** \$1,187.70 US (+\$3.10)

Natural gas: \$2.733 (-5.3¢) Dow Jones: 18,116.04 (-11.61)

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For references, view the full article at workopolis.com



# **Cod recovery years away: Experts**

Scientists tracking northern cod stocks off Newfoundland say there are hopeful signs of recovery but that any lifting of an almost 23-year-old commercial fishing moratorium is likely a decade away.

There are more fish, and they're both larger and older, said George Rose, director of the Centre for Fisheries Ecosystems Research at Memorial University's Marine Institute in St. John's.

The northern cod moratorium, which threw thousands of people out of work after it was announced July 2, 1992, was initially to last two years. Rose was among those scientists who predicted at the time it would take much

longer for stocks to rebound from a complex blend of overfishing, mismanagement and environmental factors.

Warming water trends could ultimately help cod and caplin, a vital food source on which cod depend and which also collapsed in the 1980s, Rose said.

THE CANADIAN PRESS





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metronews.ca Tuesday, March 24, 2015

# **VOICES**

# 'CROWDMAPPING' OUR STREETS

Halifax Moves aggregates tips, shortcuts and favourites from residents who bike, walk and bus around the city



After biking, walking, busing and driving in Halifax for going on 16 years, I know my way around. But not everyone knows every inch of the city, and no one can possibly know the best way to get from A to B, all of the time.

For example, sometimes you need a local to tell you the best way to avoid going up Dartmouth's fast and steep Alderney Drive on your bike (hint: try Shore Road), or which bus routes are always late, or where the sidewalks end.

What if we had a place to keep all that hard-earned local wisdom?

Enter Halifax Moves — hfx-moves.ca — a project by Uytae Lee, a student at Dalhousie University's school of planning and architecture with a special passion for how the average citizen participates in designing and planning communities.

Part crowdsourced mapping application ("I guess you could call it crowdmapping," says Lee) and part collaborative planning exercise, Halifax Moves invites all of us to actually draw out our favourite and least favourite routes for walking, biking, busing and driving in the city. The results are "visual aggregations," which could prove to be useful maps for locals and non-locals alike.

Of special interest to those of us who use two wheels to get around,



A cyclist heads down Barrington Street during a winter storm. A new "crowdmapping" site will be of special interest to Haligonians who get around on two wheels. IFFF HARPER/METRO

Halifax Moves also collects data for a third map, where Lee is crowdsourcing visions for Halifax's bike infrastructure.

Getting and understanding public input has been a hard nut

to crack ever since the first planner decided it was a good idea to bother asking people to help plan their own communities.

"Crowdsourcing could be a technological solution to issues

that we have in public participation," says Lee. "I hope to find out."

Lee hopes a crowdsourced map could help give the big picture when it comes to where people are

### **DO YOU HAVE A TRANSIT IDEA?** Shoot us an email: halifax@metronews.ca

travelling.

"It could be, literally, 30 per cent of people like to bike through this area, and they've shown it on this map. It's very tangible information," says Lee.

Of course, the one defining factor of crowdsourcing is the crowd.

Halifax Moves will need plenty of people to weigh in before we can reliably consult it for the best way to get to, say, Bedford on a Saturday afternoon.

Halifax Moves is Lee's second foray into bringing planning to the masses. He's also one of the main forces behind Planifax, the fun and informative video series that has tackled everything from Metro Transit's proposed bus plan to the story behind the Cogswell Street Interchange.

"I think people should be involved in the very neighbourhoods that they live in," says Lee.

You can get involved at hfx-

Erica Butler lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.

# Canada's continued mission in Iraq a tragedy of errors



This week, the Harper government will extend and expand our supposedly no-boots-on-the-ground, six-month military mission in Iraq.

The purpose, according to Foreign Affairs Minister Rob Nicholson, is to "degrade and destabilize this gang of thugs (ISIL), and in doing so, strip (it) of its power to threaten the security of the region, or to launch terrorist operations in Canada"

The reality is this soon-to-beopen-ended, bottomless money pit of a misguided mission will achieve none of Nicholson's objectives, and may actually make us more vulnerable to terrorist attack

# ISIL not the only bad guys

If we take on ISIL in Syria, are we propping up a reprehensible regime responsible for the deaths of at least 60,000 civilians in the last three years?

in the future.

ISIL is the logical result of cascading, colliding, ill-advised and illogical western military misadventures in a volatile region full of deep-seated historic, religious, ideological, sectarian conflicts we can barely identify let alone wrap our minds around.

This latest mess-of-our-ownmaking began with George W. Bush's invasion of Iraq in 2003.

Canada wisely dodged that

As Opposition leader then, Stephen Harper had argued for putting our troops in harm's way in

As prime minister, he volunteered us last fall for Iraq II.

And now he's keen for us to push into the front lines of those chasing the ISIL from Iraq into Syria

Syria? Wait a minute. Isn't Syria in the midst of a civil war?

Isn't Syrian president Bashar al-Asaad also fighting the Islamic State of Iraq and the Levant?

We claim we need to fight ISIL in Syria because the U.S.-led coalition has been so successful in driving them out of Iraq.

How's that working out?

Well, let's see. Iran, another non-ally (see nuclear threat) that supports al-Asaad, is also fighting ISIL in Iraq ... when it isn't fomenting sectarian violence between Iraqi-backed Shia and Islamic-State-encouraged Sunni mil-

Not that either side requires encouragement. They've been warring since 632 over who should succeed the Prophet Muhammad.

Confused?

So is Rob Nicholson, whose dismissal of ISIL as simply "a gang of thugs" betrays his ignorance of its complex historical, religious and

ideological roots.

Instead of adding our inevitably inconsequential military might to an unwinnable conflict, Canada could make a real contribution by focusing instead on helping these wars' refugees, and understanding why so many young western-raised Muslims, including Canadians, offer themselves as drone fodder for ISIL. And finding constructive ways to discourage them.

Unfortunately, those actions aren't "warrior" enough for the Harper government.

So we are doomed to continue this tragedy of terrors.

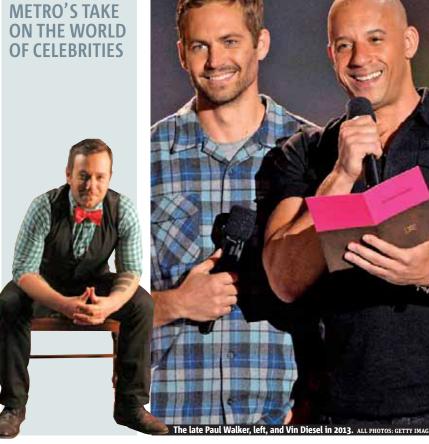
Stephen Kimber is a professor of journalism at the University of King's College in Halifax, as well as an awardwinning writer, editor and broadcaster.



12 **GOSSIP** metronews.ca Tuesday, March 24, 2015

Gossip

# **NED EHRBAR**



# Vin Diesel names his daughter after Paul Walker

Vin Diesel's fraternal affection for his late The Fast and the Furious co-star Paul Walker is apparently very deep and very authentic.

Case in point? Diesel's newborn daughter.

"I named her Pauline," he revealed on the Today show. "There's no other person that I'm thinking about as I'm cutting this umbilical cord. I knew he was there and I felt, like, you know, a way to keep his memory a part of my memory, a part of my world."

The announcement also came with a surprisingly

personal vote of confidence for Today show anchor Natalie Morales: "I'm telling you this because I love you." Diesel said

you," Diesel said.
"I know that you are a good soul, and I know that this is in good hands."

So, um, good job, Ms. Morales?

# James Corden got Mila Kunis to admit she's married ... maybe

James Corden is off to a good start as the newest late-night talk show host on the block, as during his very first guest segment he managed to kinda sorta confirm that Mila Kunis and Ashton Kutcher are indeed already married. During Corden's premiere interview with Kunis pre-taped ahead of its Monday airing, according to the Daily Mail — the British host continually prods the actress about whether she and Kutcher have already tied

the knot, only to be met with a repeated response of, "Maybe."

But he's not having it. "Either you're married, or you're not," he says before demanding she show off her left ring finger, which sports a golden wedding band. "They are married, look," the host declares. So now you know.



# Taylor Swift crushes the dreams of would-be porn peddlers

Taylor Swift is all about insurance these days, and not just when it comes to her \$40-million legs. The savvy pop star reportedly purchased a number of adult-themed domain names before they became available to the public as a means to thwart porn peddlers from cashing in on her fame.

So if you had your heart set on registering domains like TaylorSwift.porn or TaylorSwift.adult, then it sucks to be you. I mean, for multiple reasons, but right now let's just focus on the fact that your hopes for a Swift-themed adult entertainment empire have been dashed.

# Being all over the place can be a good thing.



# Pop stars warm up to Chilly's classic style

Music. Drake collaborator Chilly Gonzales explains why people fear classical music, and why it's time they got over it

It was a childhood visit to an art gallery, chaperoned by his father, that first ignited Chilly Gonzales's passion for rendering esoteric pieces more accessible.

It wasn't really the art that inspired the Canadian-reared pianist (born Jason Beck), but how his dad struggled to appreciate it.

"He couldn't decide if he liked the painting until he read the title and the paragraph that tells you something about it," said Beck during a phone interview from Germany.

"I was touched by the fact that my dad needed that story to guide him through. I think those people also deserve to enjoy creative things.

"That's why I've always done a lot of context-build-

În fact, it's become a mission for the acclaimed 43-year-old musician, who has collaborated with Drake, Leslie Feist and Daft Punk (which merited Gonzales a Grammy Award for album of the year).

Last year he released Re-Introduction Etudes, a book of 24 easy-to-master piano pieces designed to inspire lapsed players. And in a You-Tube series called Pop Music Masterclass he's been cheerfully dissecting hits including ILoveMakonnen's Tuesday.

On Tuesday, Gonzales releases the solo album Chambers, which uses piano and strings to sketch links between Romantic-era chamber music and modern pop.

### CP: Why is it that people are daunted by classical music?

There's something about instrumental music ... it must be some childhood reaction to the fact that we were told this was high art. It's the reason we're all nervous when we go to a concert hall. It's a feeling of too much respect. We can't take it on its own

**CP: Writing about your** song The Difference, you mused that most musicians are "frauds, others merely mediocre, and a scant few worthy of listening." How do you define that worthi-

It's anyone who creates their own lane.

I might think an artist is a fraud, but it doesn't mean someone shouldn't like them. It just means that when someone hides behind something that came before them that worked, at the expense of bringing something more original to the game, then I feel like they're a fraud (as) if they didn't quite have the strength to resist temptation.

The bigger risk and the bigger gamble is always to take the harder road, be yourself as much as possible. I just know this from my

own experience.

CP: What was that process like, of shaping your career? I went through moments where I tried to shave off the rough edges, all though my

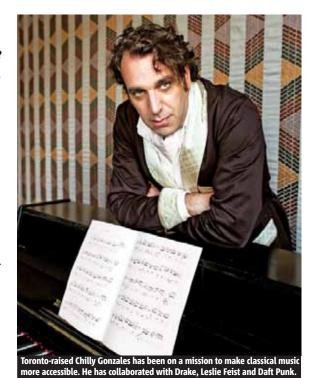
It wasn't working. Eventually I moved to Berlin and decided I would approach my career the way a rapper would.

I took the name Chilly Gonzales for that reason. It was audibly a fake name and I was going to ... have somewhat of a cartoonish persona, and at the same time try to put a lot of musical depth into what I do.

That was the gamble I took because I wanted to create my own lane.

The artists I respect the most created their own lane. Whether it's Daft Punk or Drake or Leslie Feist, they really did carve something out. And the proof is many people try to imitate them, and very few are able to succeed.

THE CANADIAN PRESS



# Afghan 'Bruce Lee' dreams big

**Kabul.** Amid the ruins of war, a young martial artist walks the path of his famous idol

Framed by the dramatic backdrop of Kabul's ruined Darulaman palace, Abbas Alizada throws kung fu punches, kicks and spins, watched by an eager young crowd.

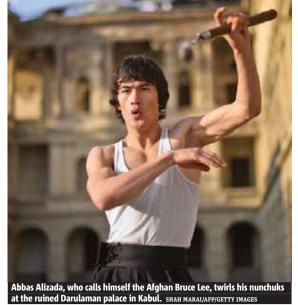
Dressed in a white vest, black trousers and light shoes despite the bitter Afghan winter, Alizada bears a striking resemblance to his idol — legendary martial arts movie star Bruce Lee.

Alizada twirls his nunchuks in front of the shellblasted walls of the former royal palace, an evocative monument to the 35 years of war that have ravaged Afghanistan.

Then he leaves the enclosure, smiling, sunglasses on his nose, his fans can finally meet him, shake his hand and take selfies with him.

He is a member of Afghanistan's Hazara community, an ethnic group with distinctively Central Asian features that add to his resemblance to Hong Kong star Lee.

With more than 50,000



followers on Twitter and

40,000 likes on Facebook, Alizada has become quite a celebrity in Afghanistan, known locally as "Bruce Haz-

He has become a familiar face on local media and now he is dreaming of Hollywood stardom.

"When I was eight years

old, I saw the Bruce Lee movies, and I was hooked," he told AFP in his brother's office in Kabul, sitting round a traditional sandali stove for warmth.

"I said I will be the Bruce Lee of Afghanistan one day. I know I cannot be Bruce Lee, but I follow in his path," he said. AFP

# Dewitt **Domestic** Medium Hair

Two-year-old Dewitt is currently in a foster home. He was initially quite shy but after the first week his feline curiosity kicked in. Now he's constantly playing with toys...running up and down the hallway with his ball, following people around the house wondering what they're are up to or looking out the window with inquisitive interest. He's a cat with a lot of character and unique big eyes that melt everyone he encounters.



If you'd like to meet this sweet boy, please contact the shelter to arrange a visit today.

For more information on **Dewitt** and other adoptable furry friends. visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or info@pas.spcans.ca

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METRO IS A PROUD SUPPORTER OF ADOPT AN ANIMAL WITH THE SPCA

14 **HEALTH** metronews.ca Tuesday, March 24, 2015

# Breastfeeding is good for the brain

Well-being. Effects of being breastfed continue into adulthood, boosting intelligence, education and earnings, regardless of socio-economic status, research paper shows

People breastfed as infants have higher intelligence scores in adulthood, and higher earnings, according to a study published last week that tracked the development of 3,500 newborns over 30 years.

And, critically, the socioeconomic status of mothers appeared to have little impact on breastfeeding results, according to a paper published by The Lancet medical journal.

"The effect of breastfeeding on brain development and child intelligence is well established," lead author Bernardo Lessa Horta of the Federal University of Pelotas in Brazil said in a statement.

What has been less clear, is whether the effects persist into adulthood, and whether a mother's socio-economic status or education level played a bigger role in the outcome of previous studies than her choice to breastfeed or not.

"Our study provides the first evidence that prolonged breastfeeding not only increases intelligence until at least the age of 30 years but also has an impact both at an individual and societal level by improving educational attainment and earning ability," said



he longer a baby is breastfed, the greater the long-term benefit

How much smarter

# 4 IQ points

An individual breastfed for at least a year as a baby gained a full four IQ points, had 0.9 years more schooling, and an income of \$104 higher per month at the age of 30, compared to those breastfed for less than one month, the study found.

"What is unique about this study is the fact that, in the population we studied, breastfeeding was not more common among highly educated, highincome women, but was evenly distributed by social class."

Horta and a team analysed data from another study of children born in Pelotas in 1982.

Information on breast-feeding was compared to IQ test results at the average age of 30 years, as well as the educational achievement and income of 3,493 participants.

"The researchers divided these subjects into five groups based on the length of time they were breastfed as infants, controlling for 10 social and biological variables that might contribute to the IQ increase including family income at birth, parental schooling, genomic ancestry, maternal smoking during pregnancy, maternal age, birth weight, and delivery type," said the statement.

"While the study showed increased adult intelligence, longer schooling, and higher adult earnings at all duration levels of breastfeeding, the longer a child was breastfed for (up to 12 months), the greater the magnitude of the benefits."

AFP

Smart move

# Fatty acids in breast milk are good for the growing mind

An individual breastfed for at least a year as a baby gained a full four IQ points, had 0.9 years more schooling, and an income of \$104 higher per month at the age of 30, compared to those breastfed for less than one month, the study published in The Lancet medical journal found. "The likely mechanism underlying the beneficial effects of breast milk on intelligence is the presence of long-chain saturated fatty acids (DHAs) found in breast milk, which are essential for brain development," said Horta. "Our finding that predominant breastfeeding is positively related to IQ in adulthood also suggests that the amount of milk consumed plays a role." In a comment also carried by The Lancet, Erik Mortensen of the University of Copenhagen said the findings had important public health implications. "However, these findings need to be corroborated by future studies designed to focus on long-term effects and important life outcomes associated with breastfeeding."



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# CAMP GUIDE



# There's pros in the making at Saint Mary's basketball camp

# Facilities improved with new gym floor

Got a child who loves to play basketball or wants to learn how?

Send them to Basketball Camp at Saint Mary's University.

"Pretty much the whole camp happens in the gym, and it's all about skills instruction," explains Jonah Taussig, men's basketball coach.

Kids work on shooting, ball handling, passing, and defence. And, they'll have time to play games each day, too.

The staff at Saint Mary's is also excited about the brand new gymnasium floor -"it will be great for kids to come and play on the courts!"

There are three basketball courts in the gym — as well as a mini court for

younger kids. There's one counsellor for every eight to 10 kids so there's a lot of personal instruction and feedback, says Taussig.

"We make sure everyone has a great experience."

This summer Saint Mary's will hold football, soccer, volleyball, and hockey day camps as well.

For each sport, there are half day camps for kids aged five to 10 and full day camps for kids aged six to 14; also, girls only, boys only and coed camps. Kids bring their own lunch or for \$40 a week, they can get a hot lunch in the cafeteria.

Visit smuhuskies.ca for more information or call 902 420-5555.

# Camp choices are endless

There was a time when summer camp was the quintessential Roots experience. Sure, you could choose between day camp and overnight, co-ed or single gender. But the activities were pretty much universal: Swimming, canoeing, orienteering, crafts (remember gimp bracelets?) and campfires, complete with ghost stories, Kumbaya and marshmallows toasted

Today, camp choices seem endless — sports camps, arts camps, outdoors camps, academic camps — and under each of those umbrellas are a host of specialized activities from circus camp to computer camp.

So what kind of camp will excite your child? Agnes Stawicki, managing editor at Our Kids Media, says you need to consider your child's

What sort of experience are you and your child hoping for — to hone a skill or learn a new one? Gain self-confidence? Try something challenging and outside their comfort zone?

Where will he or she be more comfortable?

# **GET YOUR CHILD** BROWSING, TOO

Partner with your child in choosing the camp. Flip through magazines or visit websites together and talk about the pictures and the videos. Chances are your child will get excited about what she or he sees - "Mom, I want to try that!" which will give you clues as to the kind of activities that your child will enjoy.

At a camp whose philosophy is collaborative or one that is more competitive? At a co-ed camp or one for boys or girls only?

Are all the activities mandated - every camper takes part in every activity — or is there a menu of activities from which your child can choose? Or perhaps you want a camp that delivers both. -Charlotte Empey





# JR HUSKIES CAMPS

# **Spring Leagues**

- Boy's Basketball
- Girl's Basketball
- Girl's Hockey

- Boy's Basketball
- Girl's Basketball
- Co-ed Basketball
- Co-ed Soccer
- Co-ed Volleyball

# **Summer Camps**

- Girl's Volleyball
- Football
- Boy's Hockey
- Girl's Hockey
- Girl's Hockey summer league
- Have FUN
   Learn new SKILLS
   Meet new FRIENDS
- Ages: 4-16 years Half and Full Day Camps Camps for beginners to elite players

# HOW DO YOU SAY 'FUN' IN FRENCH?

What's so special about Canadian Parents for French – Nova Scotia camps is that they take the learning out of the classroom and make it about real life, says Rebecca Lancaster, executive director.

Kids do everything they would normally do at summer camp such as canoe, swim, do crafts and play games — only they do it all in French.

The first real thrill is that this is not school, it's camp," says Lancaster.

"Then, it's an opportunity to learn and reinforce language skills while enjoying

summer camp activities."

The camp counsellors for the overnight camps are from Université Sainte-Anne. They use theme days and other methods to help enhance what the kids already

"It's a great way to learn."

Canadian Parents for French - Nova Scotia also offers two day camps in July for five to 10-year-olds who are already in immersion school programs in the Halifax area. Camp Chocolat at Needham Park in Halifax offers four week-long sessions

(split into junior and senior programs), while Camp du Soleil at the Dartmouth Sportsplex offers two week-long sessions for students up to Grade 2.

There are also overnight French Camps for older children including Camp Frantastique, Camp de la Baie, the Franco-Forum in St Pierre et Miquelon and Sea Kayaking/Nautical Camp in the Magdalen Islands.

Visit the website: ns.cpf.ca for more information.

You can register online or call.





# Art Gallery classes allow for learning and inspiration

Summer School has classes on ceramics, puppetry and more

The Art Gallery of Nova Scotia offers a full palette of summer art classes taught by wellqualified and skilled local artists — and it's

a wonderful experience, says Dale Sheppard, curator of education and public programs.

Classes range from ceramics to puppetry to painting to working with a mixed media artist to build half pipes and big kickers to create a fingerboard skate park.

Or, children might like to learn the art of printmaking, drawing, collage or papier mâché. Along with hands-on studio instruction, students view the gallery art exhibitions for inspiration and art appreciation.

"Taking a class helps children — and their parents - to become comfortable in the gallery. And, we know how important it is that from a young age children begin to see that the gallery is part of their community."

Classes are available for children aged three to 12 with special workshops for teens. The Summer School of the Arts begins the week of July 6. Children attend week-long sessions of full or half-day classes with supervision available before and after programs. The last week of classes begins

Visit artgalleryofnovascotia.ca for the full program and to register (classes fill up fast). Families with memberships save 10 per cent.





Ages 14-18 yrs, July 3-8

**Nautical Camp** Magdalen Islands, Quebec Ages 12-16 yrs, July 12-18

Camp de la Baie Sambro Head, HRM Ages 10-15 yrs, August 24-29

August 3-7

information, call Erin, **Camp Coordinator:** 902-453-2048 toll free 1-877-CPF-5233

Sea Kayak Adventure Camp Magdalen Islands, Quebec Ages 15-17 yrs, July 12-18

Daycamps are held in Halifax and Dartmouth in July (grs P-4)



¶/CPF.NS | ☑/@CPFNovaScotia | 圖/CPF Nova Scotia | ns.cpf.ca

metronews.ca Tuesday, March 24, 2015 **FOOD** 

# Create a stir with a quickie 'risotto'

# Fast healthy food

# Bowl'em over with ready-to-go rice iust waiting *fortoppings*



NUTRI-RITES DHN RNCP nyfriendinfood.com

With rice as the foundation, the meal mix takes mere minutes. Each one starts with an onion and garlic sautéed and some quickie protein warmed though. Serve on a bed of greens to up the veg count for the day.



### **Rice bowl meals**

- Canned beans, nuts, basil
- Frozen shrimp, frozen peas, dill and white wine
- Scrambled egg, frozen
- corn, chili powder, hot sauce • Leftover pork, barbecue
- sauce, chopped green onions Leftover chicken, soy sauce
- mixed with honey, shredded • Canned salmon, butter,
- evaporated milk, pinch of nutmeg, chopped celery • Feta cheese, chopped toma-
- toes, Greek salad dressing, oregano.

The healthy trick is to watch the ratio of rice to protein. One cup of whole-grain rice plus one half cup of protein plus one cup of vegetables is the ideal mixture. THERESA ALBERT IS A FOOD COMMUNI-CATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @ THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Rice makes a great foundation for a fast meal. ISTOCK



**Quick and easy.** You can have this Italian 'risotto' rice bowl on the table in mere minutes

### **Directions**

1. In a skillet, warm oil, sauté

onion and garlic, stir in walnuts and dried basil. Stir for 2 minutes. Add beans with liquid, cream and Parmesan cheese and warm through.

2. Top a bed of greens with a cup of cooked short grain rice. Top with creamy bean mixture and chopped tomatoes. THERESA ALBERT

- 1 teaspoon extra virgin olive oil
- 1 chopped onion
- 2 cloves garlic
- 1 cup walnuts • 1 tbsp dried basil
- 1 can mixed beans
- 1/2 cup grated Parmesan cheese
- Mixed greens
- 4 cups cooked rice (prepared in the rice cooker early in the day)
- 1 cup chopped grape tomatoes



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Wednesday, March 25

5:30 pm, CPA Atlantic offices, Suite 1306, Cogswell Tower

Sessions are one hour including Q & A

Please RSVP in advance to Shawn Smith, Program Advisor, CPA Atlantic School of Business, ssmith@cpaatlantic.ca, (902) 334.1174

CPAatlantic.ca



18 SPORTS metronews.ca Tuesday, March 24, 2015

# SPORTS



Eric Gryba, right, of the Senators falls to the ice while defending against the Sharks' Logan Couture on at the Canadian Tire Centre, SEAN KILPATRICK/THE CANADIAN PRES

# Sens shuffle into wild-card position

NHL. Ottawa scores four unanswered thirdperiod goals to hand Sharks a shellacking

The Ottawa Senators may be in the eighth and final playoff spot in the Eastern Conference, but they're far from satisfied.

Thanks to a 5-2 win over the San Jose Sharks Monday night Ottawa leapfrogged the Boston Bruins for the final wild-card spot in the Eastern Conference. Ottawa has a game in hand.

The Senators run have gone 17-2-2 in their past 21 games.

Monday. victor decolongon/getty images

On Monday

5 2
Senators Sharks

They trailed the Bruins (36-25-12) by 14 points in early February

"We've been chasing it and that's been our goal to get inside the eight so it's real enjoyable," said Ottawa head coach Dave Cameron. "Wins are always nice and they're really nice in this case because we're in the top eight with a day off (Tuesday) so it's a time to sit back and regroup and actually enjoy it for a day."

Mika Zibanejad led Ottawa (37-24-11) with two goals. Alex Chiasson, Jean-Gabriel Pageau and Mike Hoffman, with an empty-net goal, also scored for the Senators. Andrew Hammond, making his seventh straight start, improved his record to 14-0-1 in his first 15 NHL starts. He stopped 29 shots.

Joe Pavelski and Chris Tierney scored for the Sharks (35-30-8) as Antti Niemi made 32

The Senators scored four un-

answered goals in the third period — two within 1:12 of each other — on their way to picking up a seventh straight win.

Zibanejad tied the game 2-2 with his second of the night at 2:19 of the third to the delight of the 18,193 on hand.

After being stonewalled on numerous occasions Chiasson solved Niemi as he deflected Mark Stone's shot and then Pageau scored at the 13-minute mark of the third on a give-andgo with Erik Karlsson.

Hoffman then put the puck away into an empty net for his 26th goal of the season with 1:23 left to play.

THE CANADIAN PRESS

### NHL

# Leafs duped by Wild's Dubnyk

Minnesota goalie Devan Dubnyk added to his ironman streak and the Wild extended their string of road wins to nine, hanging on for a 2-1 victory over slumping Toronto on Monday night.

The loss was the sixth straight for the Maple Leafs (27-41-6), who came close several times to tying it in a late comeback and deserved better on the night.

The game marked the 32nd consecutive start for Dubnyk, who can add to that streak Tuesday against the Islanders. The 32nd straight starts — one of which came while Dubnyk was with Arizona — are the most by an NHL goalie since Anaheim's Jonas Hiller did it (Jan. 12 to March 18, 2012). THE CANADIAN PRESS

## NHL

# Calgary keeps on playoff pace

Lance Bouma and David Jones had a goal and an assist each to lead the Calgary Flames to a 3-2 win over the Colorado Avalanche on Monday.

Jiri Hudler also scored for the Flames (40-27-6), while goalie Kari Ramo made 25 saves to record his 15th win of the season.

Calgary held onto third place in the Pacific Division ahead of the Los Angeles Kings (35-23-14), who skated to a 3-1 road win over the New Jersey Devils earlier on Monday.

Gabriel Landeskog had a goal and an assist for the Avalanche (33-27-12), while goalie Semyon Varlamov finished with 23 saves.

THE CANADIAN PRESS

# Herd's Ducharme to join Lowry in Helsinki



Dave Lowry has a simple message for Canada's world junior hockey hopefuls — stay the course.

An assistant with the team that won gold on home soil in January, the 50-year-old was named Monday as head coach for the 2016 tournament.

Mooseheads head coach Dominique Ducharme will be one of Lowry's assistants in Helsinki.

"We're going to continue to build on the momentum that we generated," Lowry said on a conference call. "The mindset and mandate moving forward will be that we're once again going to take the best players and we're going to make the players buy into playing the game a certain way, and that will be our way."

Canada won the most recent tournament to end a five-year drought thanks to a structure similar to the one employed with the men's team at the Olympics.

"We will continue to use the Olympic model, (but) we now have our model moving forward that was very successful in 2015," said the Ottawa native Lowry.

"It's a formula that works and everybody wants to be part of a successful program." The head coach of the

The head coach of the WHI.'s Victoria Royals for the last three years, Lowry played 1,084 games over 19 NHL seasons with the Vancouver Canucks, St. Louis Blues, Florida Panthers, San Jose Sharks and Calgary Flames. Martin Raymond of the Drummondville Voltigeurs and D.J. Smith of the Oshawa Generals.

THE CANADIAN PRESS

# AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



### Horoscopes by Sally Brompton

# **T** Aries

March 21 - April 20

Your powers of persuasion are such that you can get almost anything you desire. But don't be too pushy, especially on the work front.

# **Taurus**

April 21 - May 21

Venus in your sign means you can get almost anything you want - and if you don't believe that now you will before the day is over.

# ∐ Gemini

Don't worry too much if you don't get much done over the next 24 hours. Give yourself a rest and do what makes you feel good rather than what gets you ahead.

# **9** Cancer

June 22 - July 23

You can no longer rely on other people to come to your rescue if you mess up. You got away recently with it because others caught you but now the safety net has gone.

### €? Leo July 24 - Aug. 23

Something will happen today that makes you realize how much more is possible and

**M** Virgo Aug. 24 - Sept. 23

You need to get away from your current environment. You may not be able to get away immediately but what you decide today will make it easier for your future escape.

how far short of your poten-

tial you have been falling.

# 📤 Libra

Sept. 24 - Oct. 23

Don't be too eager to uncover other people's secrets or they may start digging around in your affairs — and who knows what they might find!

# III Scorpio

Oct. 24 - Nov. 22

With Venus, planet of harmony, moving through your opposite sign you will have to follow as much as you lead. A partnership begun now will bring advantages for both of you, so try sharing.

# Sagittarius Nov. 23 - Dec. 21

Everyone you meet will be nice to you today and you will be nice back. However, don't let your guard down because one such "nice" individual has

# **6** Capricorn

designs on your money.

Dec. 22 - Jan. 20

This is a good time to start something creative. It may take up a lot of your time but what you get back will more than balance what you put in.

### Aquarius Jan. 21 - Feb. 19

Venus will ensure that family affairs go smoothly in the near future. If there have been any disputes now is the time to sort them out together.

# H Pisces

Feb. 20 - March 20

This is a good day to get out and about. If you make new friends over the next 24 hours they may well become friends

### Crossword: Canada Across and Down by Kelly Ann Buchanan

20

40

60

63

### Across

1."60 Minutes" network

4. 3501 in Old Rome 9. Rapscallion

14. Be delinquent with dollars

15. Sailing spot 16. Ms. Sharapova of tennis

17. Posh procession 19. Administer

and terminer 21. Add- (Accessories)

22. Noisy floor effects 23. Approache

25. Fantastic tale

26. Bakery bargain, bread

28. Brooch 29. Herman Melville

tale 33. "Lager and \_\_\_" by

Kim Mitchell 34. \_\_\_ = The sixth letter of 'Toronto'

36. Placing 37. Sugar to a

strawberry or salt to a tomato: 2 wds. 40. Campsite

warmer 41. "Fine then.": 3 wds.

42. Sports org. \_ can." (Can-43. "

do attitude) 44. "Dancing with the Stars" co-host

...her initialssharers

45. First Greek letters 47. Their: French

49. A-List 50. Symbol 53. rata

54. Constellation bear 57. More achy

58. Listener's picks of songs

60. Somewhat 61. Canadian singer

58

61

64

Ms. Gallant 62. "\_\_ la la!" 63. Have a hunch

64. Mariner's measures

65. Voter's 'no'

# **Down**

1. Ice-T's wife 2. New York's theatrical destination, fun-style

3. 1756 to 1763 con-4. Actress Gretchen

arts attraction: 2 wds. 6. Stands for 7. Cookies brand 8. 'Hero' suffix

5. Montreal history/

9. Intelligent 10. Gordon Lightfoot seafaring tune:

65

42

46

"Ghosts of 11. Italian harp 12. Sealtest product

13. Compensates 18. Prefix that means

'Mars' 22. CTV's "The So-

cial" co-host: 2 wds.

24. Too

25. Writer A.A. 26. Mr. Duck

27. Rachel McAdams'

"The Notebook" (2004) role

28. Non-Royals 30. "The Marilyn

Denis Show" expert Charles the Butler's

surname 31. Big lake of Russia

32. Gumbo veggie [pl.]

35. Bellowing 38. Like a bride

without any head covering 39. Mythical Hun

king 46. Cute-sounding "lck!"

48. Uncanny

49. Love poetry Muse 50. After-the-name courtesy titles for gents [abbr.]

51. Grimace 52. Fibre cereal

53. Scheme

55. Ancient colonnade

56. Cinder-like 58. Walther

(James Bond firearm) 59. Fleur-de-

## Yesterday's Crossword

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See today's answers at metronews.ca/answers



# Conceptis Sudoku by Da

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	4	1	7	3	8	9	5	6
3	9	5	1	4	6	7	2	8
6	7	8	9	2	5	1	3	4
1	3	6	2	5	9	4	8	7
9	2	4	8	7	1	5	6	3
5	8	7	4	6	3	2	9	1
7	5	3	6	9	4	8	1	2
8	6	2	5	1	7	3	4	9
4	1	9	3	8	2	6	7	5

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**SALES EVENT** 

# **10,000**



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Rio4 SX with Navigation shown<sup>‡</sup>

HWY / CITY 100KM\*: 6.3L/8.8L

LEASE FROM \$135° MONTHLY WITH \$0 DOWN AT 0% APR FOR 60 MONTHS"

Offer includes an \$800 lease credit\*. Consumers can elect to take an additional 10,000 km allowance in lieu of the lease credit. Offer based on new 2015 Rio LX MT (R0541F) with a selling price of \$14,095°.

# 2015 OPTIMA LX AT

That's like paying only

BONUS\*\*

Optima SX Turbo shown‡

HWY / CITY 100KM\*: 5.7L/8.9L

LEASE FROM \$247° MONTHLY WITH \$0 DOWN AT 0.9% APR FOR 60 MONTHS"

Offer includes an \$800 lease credit\*. Consumers can elect to take an additional 10,000 km allowance in lieu of the lease credit. Offer based on new 2015 Optima LX AT (OP742F) with a selling price of \$24,795°.

# 2015

Finance



**CASH PURCHASE PRICE FROM** 

Offer includes \$5,800 in cash credit and \$200 deale participation\*, Offer based on new 2015 Sorento LX AT (SR75BF) with a selling price of \$26,995°

HWY / CITY 100KM\*: 8.7L/11.8L





See kia.ca for more



The Power to Surprise



Offer(s) available on select new 2015 models through participating dealers to qualified retail customers who take delivery from March 3 to 32, 2015. Dealers may sell or lease for available at edua cost. All offers are subject to change without notice. Other lease and financing options abo available: "Representable Leasing Dampte: Lease of 18,005, 559, 979, 344, 158 (ORU), the property dealers for complete details. Vehicles shown may include optional accessories and upgrades available at edua cost. All offers are subject to change without notice. Other lease and financing options about notice and financing options about a lease inception. Offer abo includes a lease certified 500, 500 to LMR (00044), 500 portions and 500 portions